# Victorian Curriculum capabilities utilised in The Connected Circus programs

## Personal and Social Capability Level 5-6

## **Self-Awareness and Management**

Recognition and expression of emotions

• Explore the links between their emotions and their behaviour

## Development of resilience

- Reflect on how personal strengths have assisted in achieving success at home, at school or in the community
- Describe what it means to be confident, adaptable and persistent and why these attributes are important in dealing with new or challenging situations
- Identify the skills for working independently and describe their performance when undertaking independent tasks

## **Social Awareness and Management**

#### Relationships and diversity

- Explore and discuss behaviours that demonstrate sensitivity to individual, social and cultural differences
- Describe the characteristics of respectful relationships and suggest ways that respectful relationships can be achieved

## Collaboration

- Identify the characteristics of an effective team and develop descriptions for particular roles including leadership, and describe both their own and their team's performance when undertaking various roles
- Describe the various causes of conflict and evaluate possible strategies to address conflict



## Health and Physical Education Level 5-6

### Personal, Social and Community Health

Communicating and interacting for health and wellbeing

- Practise skills to establish and manage relationships
- Examine the influence of emotional responses on behaviour, relationships and health and wellbeing

## Movement and Physical Activity

#### Moving the body

- Practise specialised movement skills and apply them in different movement situations in indoor, outdoor and aquatic settings
- Design and perform a variety of movement sequences
- Propose and apply movement concepts and strategies

#### Understanding movement

- Participate in physical activities designed to enhance fitness, and discuss the impact of regular participation on health and wellbeing
- Manipulate and modify the elements of effort, space, time, objects and people to perform movement sequences

#### Learning through movement

- Participate positively in groups and teams by encouraging others and negotiating roles and responsibilities
- Apply critical and creative thinking processes in order to generate and assess solutions to movement challenges

## Drama Level 5-6

#### Explore and Express Ideas

• Explore dramatic action, empathy and space in improvisations, play-building and scripted drama, to develop characters and situations

#### Drama Practices

• Develop skills and techniques of voice and movement to create character, mood and atmosphere and focus dramatic action

## Present and Perform

• Perform devised and scripted drama that develops narrative and uses performance styles and design elements to engage an audience

## Media Arts Level 5-6

#### Explore and Represent Ideas

• Explore representations, characterisations and viewpoints of people in their community, using stories, structure, settings, and genre conventions in images, sounds and text

#### Media Arts Practices

• Develop skills with media technologies to shape space, time, colour, movement and lighting, within images, sounds or text when telling stories

#### Present and Perform

• Plan, produce and present media artworks for specific audiences and purposes using responsible media practice